

# Continuing Care: Listening to the Voices

taking a journey!



CAG webinar

# Outline



Wouldn't it be nice – if continuing care facilities looked like this - sunny days and enjoyable holiday feelings?

# How my journey started



- York, United Kingdom
- local “chronic care” hospital
- Dillie -



education

older resident

research



"Paths" of my journey

# Residents: Listening to their voices

Red – exercise program



“not going to make it”





# Research: Resident abuse



- started my program of research and related scholarly work
- dissertation ethnoscience – definition of resident abuse
  - findings – perhaps surprising “does not happen here”
- funding for developing a research agenda
- SSHRC funding

# Education:



Literature Review



# Travelling companions



- older residents
- growing resident acuity

- families / significant others
- co-creating the path



# Travelling companions



## students

- challenges
  - they come into their clinical with hopes of ICU, maternity
  - we ask them to care for older adults with dementia
  - attitudes of staff
  - few family interactions possible
- outcomes
  - influenced by staff they find on the units
  - they recognize needs beyond the physical

## colleagues

- overt and covert – Continuing care is NOT the place to work
- lack of clinical educators
- lack of professional development
- “double shifts” – casual positions – working at several facilities

# Benefits of travelling on this journey

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Increased my own and others' awareness of attitudes, values, and expectations about aging and their impact on the care of older adults and their families.



# Opportunities for growth



## residents

- establish long term relationships with residents and their families
- acquire a “new” perspective on growing old
- make a difference

## gerontology

- member CAG
- Educational Gerontology
- President
  - Vienna
  - National Seniors Council
- 1980 AGNA
- CGNA

# Challenges

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we talk about teams, but little evidence in practice



# Working on an OLD model

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# Continuing the journey: Advocacy





In the near future, the health care system will “have to” adapt to meet the changing needs of our aging population.

Areas where we, as CAG members, could focus our actions on:

- Improving integration across the health care continuum can lead to better care for older adults.
- Increasing focus on prevention can help prevent or delay onset of chronic conditions (disability) for older adults.
- Employing new health innovations and technology can help ensure that older adults receive appropriate care.
- Collecting, managing, and reporting better information can better inform policy-makers.



# BIG WORLD OUT THERE



# THANK YOU!

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